

# Sampling Plan & Power Analysis

#### **Common Questions in Research**

• Is this a solid research question?

- How should I collect data?
  What sampling plan will be used
- How big of a sample is needed?
  - Power analysis

#### Outline

- RQ development
- Sampling plans
  - Reasons for sampling
  - Different sampling methods
  - Participant recruitment considerations
- Power analysis
  - Purposes
  - Components of power analyses

#### **Research Question Design**

- Clear
  - Audience should need no other explanation
- Focused
  - Broad research questions can be difficult to fully test and answer
- Concise
- Complex
  - Not yes/no, not answered with descriptive statistics

## Strong vs Weak RQ Examples

• What are the academic beliefs of first generation college students?

 Doreligious groups differ on their likelihood of seeking psychological services?

> IV- Religious Groups (Atheist, Christian, Muslim) DV- Likelihood of seeking therapy

## Sampling Plan

#### Countries by Population Size



- A sample is a smaller (but hopefully representative) collection of units from a population used to determine truths about that population (Field, 2013)
- Why sample?
  - Resources (time, money)
  - Gives results with known accuracy that can be calculated mathematically
- The sampling frame is the list from which the potential respondents are drawn

Target population

#### Study population

Sample

- What is the population of interest?
- Who do you want to generalize your results to?
  - All doctors
    - Or just family practitioners?
  - School children
  - Women aged 18-45 years



- 3 factors that influence sample representativeness
  - 1. Sampling procedure
  - 2. Sample size
  - 3. Participation (response rate)



# **Types of Samples**

- Probability (Random) Samples
  - Simple random sample
  - Stratified random sample
    - Does your sample have important demographic characteristics?
    - Want to ensure sample represents the population



# **Types of Samples**

- Non probability (Non random) Samples
  - Ensuring that every individual in a population has a nonzero probability of being selected is difficult to accomplish
  - Not always possible to draw a random probability sample
    - <u>Convenience sampling-</u> the sample is selected because they are available to the researcher
- Advantages
  - More conducive and practical for deploying a survey
  - Faster, more cost efficient
- Disadvantages
  - Bias can be introduced
  - Does the sample accurately reflect the population?

# **Types of Sampling**

- Online recruitment
  - Social media
    - Locate service workers on LinkedIn
    - Interest groups on forums/ subreddits/ facebook communities
  - Email lists
  - Snowball sampling
  - Paid recruitment
    - <u>www.Prolific.co</u>



# Power Analysis



#### **Power Analysis**



#### **Power Analysis**

- Can be used for standard GLM analyses
  - This does not include other complex analyses such as SEM, path analysis, factor analysis, etc.
- Power analysis can be useful for
  - Determine the number of participants to recruit
  - Identify how much time will be needed for data collection
  - Anticipate what analyses will be feasible
  - Determine the cost of a study

#### **Power Analysis**

- 4 components of a power analysis
  - Effect size
    - Chosen based on previous research, pilot study, intuition, etc.
  - Power level (1- $\beta$ )
    - Generally set at .80 (or .95 for clinical research)
  - Significance level (a)
    - Generally set at .05
  - Sample size
- Given any three, we can determine the fourth



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Website that includes a G\*power guide:

http://www.mormonsandscience.com/gpower-guide.html

#### Write-up Example

An a priori power analysis was conducted using G\*Power 3.1.9 to determine the minimum sample size required to find statistical significance using a one-way ANOVA with three groups (i.e., 3 different diabetes groups). With a desired level of power set at .80, an alpha ( $\alpha$ ) level at .05, and a moderate effect size of .30 (*f*), it was determined that a minimum of 111 participants were required to ensure adequate power. Additionally, it was determined that a minimum of 90 participants would be required to ensure adequate power for an independent samples *t*-test with a moderate effect size of *d*=.60 (Cohen, 1988). Therefore, a sample of 130 participants was recruited to ensure adequate power for all necessary analyses.

#### References

Cohen, J. (1988). Statistical power analysis for the behavioral sciences (2nd ed.). Hillsdale, NJ: Lawrence Erlbaum Associates.